

# Opening Hours


While in centre please be sure to observe social distancing and practice good hygiene.

Monday	9AM – 5.30PM
Tuesday	9AM – 5.30PM
Wednesday	9AM – 5.30PM
Thursday	9AM – 8.00PM
Friday	9AM – 5.30PM
Saturday	9AM – 5.00PM
Sunday	10AM – 4.00PM

## Address

 Cnr Warringah Rd & Forest Way,  
Frenchs Forest, NSW 2086

## Centre Management

 02 9451 3857

 Email us

Keep up to date with everything Forestway



Store hours may vary – please see below for current information.

## SUPERMARKETS, FRESH FOOD, LIQUOR & POST

### ALDI

	Monday	8.30AM-8.00PM
	Tuesday	8.30AM-8.00PM
	Wednesday	8.30AM-8.00PM
	Thursday	8.30AM-9.00PM
	Friday	8.30AM-8.00PM
	Saturday	8.30AM-8.00PM
	Sunday	8.30AM-8.00PM

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### Woolworths

	Monday	7.00AM-10.00PM
	Tuesday	7.00AM-10.00PM
	Wednesday	7.00AM-10.00PM
	Thursday	7.00AM-10.00PM
	Friday	7.00AM-10.00PM
	Saturday	7.00AM-10.00PM
	Sunday	7.00AM-10.00PM

 9308 7355   

### Australia Post

	Monday	9.00AM-5.00PM
	Tuesday	9.00AM-5.00PM
	Wednesday	9.00AM-5.00PM
	Thursday	9.00AM-5.00PM
	Friday	9.00AM-5.00PM
	Saturday	Closed
	Sunday	Closed

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### Liquorland

	Monday	9.00AM-8.00PM
	Tuesday	9.00AM-8.00PM
	Wednesday	9.00AM-8.00PM
	Thursday	9.00AM-9.00PM
	Friday	9.00AM-9.00PM
	Saturday	9.00AM-9.00PM
	Sunday	10.00AM-7.00PM

 9451 8115   


## BANKS

### COMMONWEALTH BANK

	Monday	9.30AM-4.00PM
	Tuesday	9.30AM-4.00PM
	Wednesday	9.30AM-4.00PM
	Thursday	9.30AM-4.00PM
	Friday	9.30AM-4.00PM
	Saturday	CLOSED
	Sunday	CLOSED

 9451 0188   

### NATIONAL AUSTRALIA BANK

	Monday	9.30AM-4.00PM
	Tuesday	9.30AM-4.00PM
	Wednesday	9.30AM-4.00PM
	Thursday	9.30AM-4.00PM
	Friday	9.30AM-5.00PM
	Saturday	CLOSED
	Sunday	CLOSED


 13 22 65   

### ST GEORGE

	Monday	9.30AM-4.00PM
	Tuesday	9.30AM-4.00PM
	Wednesday	9.30AM-4.00PM
	Thursday	9.30AM-4.00PM
	Friday	9.30AM-5.00PM
	Saturday	CLOSED
	Sunday	CLOSED

 9452 2377   

### WESTPAC

	Monday	9.30AM-4.00PM
	Tuesday	9.30AM-4.00PM
	Wednesday	9.30AM-4.00PM
	Thursday	9.30AM-4.00PM
	Friday	9.30AM-5.00PM
	Saturday	CLOSED
	Sunday	CLOSED

 8426 1044   


FRESH FOOD & RESTAURANTS




**McDonald's**

 Monday 7.00AM-8.30PM  
 Tuesday 7.00AM-8.30PM  
 Wednesday 7.00AM-8.30PM  
 Thursday 7.00AM-9.30PM  
 Friday 7.00AM-9.30PM  
 Saturday 7.00AM-9.30PM  
 Sunday 8.00AM-9.30PM



 9453 1066   

**Chargrill Charlie's**

 Monday 9.00AM-8.30PM  
 Tuesday 9.00AM-8.30PM  
 Wednesday 9.00AM-8.30PM  
 Thursday 9.00AM-8.30PM  
 Friday 9.00AM-8.30PM  
 Saturday 9.00AM-8.30PM  
 Sunday 9.00AM-8.30PM

 9452 6969   

**Essential Meats**

 9975 1409 

CAFES & TAKEAWAY


**Cappuccino King**

 9451 1309 


**Gyronimo's**

 9453 4488   

**Sushi Bar**

 9975 2282




**Svend's Patisserie & Pie Shop**

 0403 398 812

**Thai Kitchen**

 9451 1309

**The Old Civic**

 7901 0009  

FASHION & ACCESSORIES





**Black Pepper**

 9975 3097   

**Flirtation Fashion & Accessories**

 9451 7548

**Jourdan**



 9451 7738   

**One On One**


In-store only

HAIR & BEAUTY



**Angel's Forest Massage**

 9453 4546 




**John's Hairdressing**

 9451 5313


**Kim's Brow Bar**

 0422 740 405 

**Medihaar Mens Cuts**


 9975 1942  

**Oz Nails**




 9452 5559

MEDICAL & HEALTH

Ginseng Health Foods



 9451 3213

Forestway Pharmacy

 9451 4614  

SERVICES

Everyday Carwash

 9975 2586 



Flight Centre

 9453 8000   




Flower Hut

 9453 9898 

Gifts n' News

 9975 3703 

Lawrence Dry Cleaners



 9451 1485  

OPSM

 9453 9898   

PROFESSIONAL SERVICES




Emmerson & Emmerson Solicitors

 9452 1022  



F45 Frenchs Forest

 0435 143 033   

Forest Family Psychology

 9453 3474  

Frontrunner Learning Centre

 9975 2000  

Kids OT

 9451 5735   

Martial Methods

 9451 5735   